

Silva Method Coastal Retreat — Goa 2026

Terms & Conditions · Payment & Installment Policy · Cancellation Policy · Refund Policy

Retreat dates	27 October – 1 November 2026 (5 nights / 6 days)
Venue	Foxoso La Beach Resort, Morjim, North Goa, India
Organiser	Silva Method India (“the Organiser” / “we” / “us”)
Capacity	Limited to 80 rooms — full private property buyout
Contact	WhatsApp +91 80691 58383
Last updated	29 July 2026

By booking a place on the Silva Method Coastal Retreat (“the Retreat”), you (“the Participant”) confirm that you have read, understood and agreed to the Terms & Conditions and all policies set out below.

1. Terms & Conditions

1.1 Booking & Confirmation

- **Confirmation.** A place on the Retreat is confirmed only once we receive the booking deposit (see the Payment & Installment Policy) and issue a written booking confirmation via email or WhatsApp.
- **Limited seats.** Places are limited to 80 rooms and are allocated on a first-paid, first-confirmed basis. Submitting an enquiry or reserving a room does not guarantee a place until the deposit is received.
- **Eligibility.** The Participant must be 18 years or older at the time of the Retreat, unless otherwise agreed in writing with the Organiser.

1.2 Pricing, GST & Taxes

All package prices are per person and are exclusive of 18% GST, which is added at checkout. Room categories and lead prices are:

Room category	Twin / Double sharing (per person)	Single occupancy (per person)
Premium Room (Access)	₹55,085	Twin sharing only
Premium Garden View (Standard)	₹70,000	₹98,000
Premium Pool View (Deluxe)	₹85,000	₹1,19,000

- **GST.** All prices are exclusive of 18% GST. GST is calculated and added at checkout on every payment, including deposits and installments.
- **Single occupancy.** Single occupancy is subject to a private-room supplement, as reflected in the single-occupancy prices above.
- **Invoice.** A GST-compliant invoice (SAC 999722) is available on request for reimbursement or accounting purposes.
- **Early bird.** Early-bird pricing, where offered, is valid only for bookings confirmed (deposit paid) on or before 15 August 2026. Prices, offers and availability may change without notice until a booking is confirmed.

1.3 What Is Included

The package price covers: 5 nights' accommodation at Foxoso La Beach Resort, Morjim; all meals (wellness-focused buffet) and hi-tea during session days; all Silva Method training sessions and curated experiences on the itinerary; course materials and certificate; airport transfer (arrival and departure on the Retreat dates); and group sightseeing as per the published itinerary.

1.4 What Is Not Included

- Airfare, train fare or any travel to and from Goa.
- Personal expenses, laundry, spa treatments, and anything not listed in the itinerary.
- Travel insurance (strongly recommended for all Participants) and medical costs.
- Visa fees, passport costs and related documentation for international Participants.
- Any extension of stay before or after the Retreat dates. Because the Retreat is a full property buyout for fixed dates, pre- or post-Retreat nights at the venue cannot be guaranteed.

1.5 Accommodation & Room Sharing

- **Sharing.** Twin / double sharing rooms are allocated on a same-gender basis unless Participants request to share together. The Organiser will make reasonable efforts to match roommates but cannot guarantee a specific pairing.
- **Solo travellers.** A Participant booking twin sharing who does not have a roommate may be asked to pair with another solo Participant or to upgrade to single occupancy at the applicable supplement.

1.6 Travel, Documents & Arrival

- **Your travel.** Participants are responsible for arranging their own travel to Goa and for arriving in time for the Retreat start on 27 October 2026.
- **Documents.** Participants must carry a valid government-issued photo ID; international Participants are responsible for their own valid passport, visa and travel documents.
- **Transfers.** Airport transfers are provided on the scheduled arrival and departure days only. Transfers outside these windows may not be available.

1.7 Health, Wellbeing & Medical Disclaimer

- **Not medical treatment.** The Silva Method is an educational and self-development programme. It is not a substitute for medical, psychiatric or psychological diagnosis or treatment, and no specific therapeutic outcome is promised or guaranteed.
- **Disclosure.** Participants must disclose any medical, physical or mental-health condition, allergy, dietary requirement or medication that may affect their participation, at the time of booking. The Organiser may request a doctor's clearance where appropriate.
- **Own risk.** Participants take part in all activities (including meditation, yoga and excursions) at their own risk and are responsible for their own health and safety throughout the Retreat.

1.8 Code of Conduct

- **Participation.** Participants are expected to attend and engage fully in the scheduled sessions and to respect fellow Participants, instructors, staff and the venue.
- **Substances.** The Retreat is a wellness environment. The Organiser may restrict or prohibit alcohol and any intoxicating substances during sessions and on the premises.
- **Removal.** The Organiser reserves the right to remove any Participant whose conduct is unlawful, disruptive, unsafe or seriously detrimental to others, without refund and at the Participant's own cost of departure.

1.9 Photography & Media

Photographs and video may be taken during the Retreat for the Organiser's records and promotional use. By attending, Participants consent to such use. A Participant who does not wish to appear in promotional material must notify the Organiser in writing before the Retreat begins.

1.10 Changes by the Organiser & Force Majeure

- **Programme changes.** The Organiser may make reasonable changes to the itinerary, sessions, instructors or activities where necessary, while preserving the overall nature and value of the Retreat.
- **Force majeure.** The Organiser is not liable for failure or delay caused by events beyond its reasonable control, including natural disasters, extreme weather, epidemic or pandemic, government action or restriction, travel disruption, strikes or venue failure ("Force Majeure").
- **If we cancel.** If the Organiser cancels or reschedules the Retreat for any reason, the Participant will be offered, at the Organiser's discretion, a transfer to a rescheduled date, a credit, or a refund of amounts paid (less any non-recoverable third-party costs already incurred). This is the Organiser's full liability in such an event.

1.11 Limitation of Liability

To the maximum extent permitted by law, the Organiser's total liability to any Participant arising out of or in connection with the Retreat shall not exceed the total amount paid by that Participant for the Retreat. The Organiser is not liable for indirect or consequential losses, or for loss or damage to personal belongings.

1.12 Governing Law & Jurisdiction

These Terms & Conditions are governed by the laws of India. Any dispute shall be subject to the exclusive jurisdiction of the courts at Goa, India. The parties will first attempt to resolve any dispute amicably before pursuing legal remedies.

2. Payment & Installment Policy

To make the Retreat accessible, the package may be paid in up to three interest-free installments. All installments are calculated on the chosen room category and are exclusive of 18% GST, which is added to each payment.

2.1 Installment Schedule

Installment	Share of package	Due by
1 — Booking deposit	30% + GST	At the time of booking (confirms your seat)
2 — Second installment	40% + GST	15 September 2026
3 — Final balance	30% + GST	10 October 2026

2.2 Payment Terms

- **Deposit.** The 30% booking deposit is non-refundable and is required to confirm and hold your room. A place is not secured until the deposit is received.
- **Full payment.** The full package price must be paid in cleared funds on or before 10 October 2026, ahead of the Retreat. Any Participant booking after a due date has passed must bring their payments up to date immediately to confirm the booking.

- **Early bird.** To qualify for early-bird pricing (where offered), the booking deposit must be paid on or before 15 August 2026.
- **Missed payments.** If an installment is not received by its due date, we will send a reminder and allow a short grace period. If payment remains outstanding, the booking may be treated as cancelled and the Cancellation & Refund Policy will apply, with the room released to another Participant.
- **Taxes.** GST at 18% is added to every installment. A GST-compliant invoice (SAC 999722) is issued on request.

3. Cancellation Policy

All cancellations must be made in writing to the Organiser (by email or WhatsApp). The cancellation takes effect on the date we receive your written notice. Because the Retreat is a fixed-date, full-property buyout with costs committed well in advance, the following schedule applies (dates are relative to the Retreat start on 27 October 2026).

3.1 Cancellation Charges

Notice received	Refund of amounts paid
On or before 28 Aug 2026 (60+ days before)	Full refund, less the non-refundable 30% booking deposit
29 Aug – 26 Sep 2026 (31–59 days before)	50% of the total package price is refunded
27 Sep – 12 Oct 2026 (15–30 days before)	25% of the total package price is refunded
On or after 13 Oct 2026 (14 days or fewer) & no-shows	No refund

3.2 Transfers & Substitutions

- **Name transfer.** If you cannot attend, you may transfer your booking to another eligible person up to 14 days before the Retreat (i.e. on or before 13 October 2026), subject to written notice and the incoming Participant accepting these Terms & Conditions.
- **Limits.** A booking may not be split, resold for profit, or transferred after the 14-day cut-off.
- **Credits.** The Organiser does not offer credit toward a future retreat unless expressly agreed in writing, or unless the Organiser cancels or reschedules the Retreat (see clause 1.10).

3.3 No-Shows & Early Departure

Failure to arrive, late arrival, or leaving the Retreat early for any reason does not entitle the Participant to any refund or pro-rata credit for the unused portion of the package.

4. Refund Policy

4.1 How Refunds Are Calculated

- **Basis.** Refunds, where due, are determined by the Cancellation Policy (Section 3) based on the date your written cancellation is received.
- **Deposit.** The 30% booking deposit is non-refundable in all Participant-initiated cancellations, regardless of timing.

- **GST on refunds.** Refund amounts are calculated on the package price paid. The GST component is refunded only to the extent recoverable under applicable tax law; where GST has already been remitted to the authorities and cannot be recovered, that portion may not be refundable.

4.2 How Refunds Are Processed

- **Method.** Approved refunds are paid to the original payment method or bank account used for the booking.
- **Timeline.** Refunds are processed within 10–15 business days of the Organiser confirming the refund amount in writing.
- **Charges.** Any bank charges, payment-gateway fees or foreign-exchange costs on the original transaction or on the refund may be deducted from the refunded amount.

4.3 If the Organiser Cancels

If the Organiser cancels the Retreat outright (other than a Force Majeure event, which is governed by clause 1.10), Participants will be offered a full refund of amounts paid or the option of a transfer/credit to a rescheduled Retreat, at the Participant's choice.

4.4 Non-Refundable Items

Third-party costs already incurred on the Participant's behalf (for example, non-recoverable booking or gateway fees) and the non-refundable booking deposit are not refundable. This Refund Policy sets out the Participant's sole remedy in respect of cancellations.

Acknowledgement

By paying the booking deposit, the Participant confirms that they have read, understood and accepted these Terms & Conditions, the Payment & Installment Policy, the Cancellation Policy and the Refund Policy in full.